

Attendee Registration

Conference fee: \$49.00, includes lunch and workbook.

Name: _____

Company: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Fax: _____

Email: _____

Number of Attendees: _____

Registration deadline is February 5, 2010.

Please make your check payable to
The Frazzled Female Conference and mail to:
The Frazzled Female Conference
542 N. Oak Street
Hendersonville, NC 28739

Credit Card payment info:

Card Holder Name: _____

Credit Card Number (Mastercard/Visa Accepted): _____

3-Digit Security Number: _____

(Cardholder's Signature)

Please contact Marybeth Burns at (828) 692-2450 or Sherri Holbert at (828) 674-3649 for more information.

Please join these early sponsors:



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Forget the Frazzled Female & Embrace the Fabulous You
542 N. Oak Street
Hendersonville, NC 28739

Pardee presents...



Forget the Frazzled Female & Embrace the Fabulous You

A Conference for Women

Brought to you by Summit Marketing Group and Power-Up!



What: A special day of powerful speakers, practical information and applicable tools designed to motivate and empower the women of our community.

When: Friday, February 12, 2010.
9:00am – 2:00pm (8:30am registration;
2:00-3:00pm networking hour)

Where: Bo Thomas Auditorium
Blue Ridge Community College

Speakers



Self Esteem: Don't Be Afraid to Be You

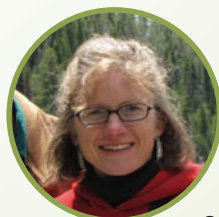
What's my purpose? Am I doing enough? Do I like me? A message of encouragement to embrace the REAL you.

Speaker: Tamara Miller, Henderson County volunteer.

Health & Fitness: Living It In the Real World

Food plans, 2-hour workouts at the gym and scale obsessions? Forget it and get REAL about healthy eating and exercise.

Speaker: Nathaniel Jablecki, M.D.



Time Management: Balancing Priorities

Family, friends, self, work, and home. Need time for all of it and have time for none of it? A REAL and simple guide to balancing the important things in life. **Speaker: Marybeth Burns**, co-owner of Summit Marketing Group.

Personal Development: Pulling It All Together

How do you take today's sessions and apply them to your life? We'll walk you through easy workbook exercises to do just that Walk away ready to embrace the REAL you!

Speaker: Sherri Holbert, owner of Power-Up!



Keynote: Forget the Frazzle, Embrace the Fabulous

Frazzled Female national speaker, Cindi Wood, takes you from being the frazzled female to embracing and loving the fabulous you!

Cindi Wood is a wife, mother of two, speaker, author, entrepreneur...and prime material for stress overload! She teaches the "strung-out and frazzled female" how to creatively manage the stresses of life. "Frazzled Females" is Cindi's term for today's schedule-scattered, brain-strained women of the new millennium. Her seminars and keynote addresses have been the focal point for national, state and area conferences, church groups, businesses, schools and government agencies. With a degree in education from Gardner Webb University, she has accumulated over twenty years of experience working with adults and children, helping them to learn to combat stress by managing time, developing a sense of humor, and learning to organize. Cindi lives in her hometown of Kings Mountain, North Carolina with her husband Larry, an Assistant City Manager of Gastonia, NC. She is the author of multiple books including *I've Used All My Sick Days - Now I'll Have To Call In Dead*, *The Frazzled Female*, and *Too Blessed For This Mess*.



Sponsorship Levels

Worth - Executive Sponsor - \$2,500

- Company logo included in all print materials
- Display of your company banner at the event
- Half page ad in event program guide
- Opportunity to distribute literature to attendees
- 4 conference admission tickets
- Post event promotion in newspaper article
- Sponsor table in reception area of conference

Wisdom - Networking Sponsor - \$1,000

- Company logo included in all print materials
- Half-page ad in event program guide
- Opportunity to distribute literature to attendees
- 3 conference admission tickets
- Sponsor table in reception area of conference

Wellness - Workshop Sponsor - \$500

- Listing of company name included in all print materials
- Quarter-page ad in event program guide
- 3 conference admission tickets

Wonder - Friend Sponsor - \$250

- Listing of company name included in all print materials
- Business card sized ad in event program guide
- 1 full-day conference admission ticket

Advertising Information

Ad space may be purchased for the conference workbook. Unlike other conferences where you are through with the handouts once the workshop ends, this workbook is a purposeful take away tool that will provide women with a set of specific and personal action items they can continue with after the conference is over to ensure success.

Full Page Ad (5.5" x 8.5") 1/4 Page Ad (2.75" x 4.25")
 1/2 Page Ad (5.5" x 4.25") 1/8 Page Ad (2.75" x 2.125")

Camera-ready art for ads should be emailed to gina@summitresults.com. Accepted files: PDF, TIFF or JPEG at 300 dpi. Color ads should be submitted as CMYK. For information about ad design services, contact Marybeth Burns at (828) 692-2450.

Sponsorship/Advertising Form

Name: _____

Company: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Fax: _____

Email: _____

I would like to participate as a:

- Worth Sponsor - \$2,500
- Wisdom Sponsor - \$1,000
- Wellness Sponsor - \$500
- Wonder Sponsor - \$250

I would like to purchase:

- Full Pg. Ad - Color \$175
- Full Pg. Ad - B/W \$100
- 1/2 Pg. Ad - Color \$125
- 1/2 Pg. Ad - B/W \$75
- 1/4 Pg. Ad - Color \$75
- 1/4 Pg. Ad - B/W \$50
- 1/8 Pg. Ad - Color \$60
- 1/8 Pg. Ad - B/W \$40

Enclosed is my check, payable to Frazzled Female Conference for: \$ _____

Signature: _____

Date: _____

All Payments and ad designs due by January 8, 2010

Please mail form to:

The Frazzled Female Conference
 542 N. Oak Street, Hendersonville, NC 28739
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